

ONE PRIORITY

"... with all your heart and with all your soul and with all your mind.' This is the first and greatest commandment. And the second is like it: 'Love your neighbor as yourself.'" Matthew 22:37-39, NIV

THREE RELATIONAL MOTIVES

Move kids to **LOVE GOD** by inciting

Move kids to LOVE LIFE by provoking

Move kids to LOVE OTHERS by fueling

WONDER

DISCOVERY

PASSION

NINE CORE INSIGHTS

DESIGN: What I see around me reveals a Creator I cannot see.

IDENTITY: I am created in the image of my perfect, heavenly Father who has an unending love for me.

CONNECTION: I live in pursuit of an infinite God who desires an eternal relationship with me.

FAITH: I believe in Jesus and will continually trust Him even when life doesn't make sense.

TRANSFORMATION: God's Spirit is transforming my unique and imperfect life into the character of Jesus.

TRUTH: My response to God's Word shapes how I see God's story of redemption at work in me and around me.

RESTORATION: God designed me to participate with Him in restoring a broken world.

COMPASSION: My faith in Christ is revealed by my compassion and care for others.

COMMUNITY: I choose to live in the complexities of family and community because God values them.



2021/2022 SERIES OVERVIEW





FALL

AUGUST

DIG DEEP ®

DISCOVER WHAT MATTERS MOST

SERIES DESCRIPTION:

When Jesus was a boy, He grew in wisdom. God wants us to discover wisdom, too. When we make the wise choice, we reflect the character of Jesus to people around us.

CORE INSIGHTS: TRANSFORMATION • TRUTH

WEEK ONE: Jesus Grows in Wisdom — Luke 2:41-52 **BOTTOM LINE:** Wisdom is worth searching for.

WEEK TWO: Solomon Asks God for Wisdom — 1 Kings 3:4-28 **BOTTOM LINE:** Trust God to give you wisdom.

WEEK THREE: Wise People See Danger — Proverbs 22:3 BOTTOM LINE: Think before you act. WEEK FOUR: Rehoboam Listens to Fools — 2 Chronicles 10 (supporting: Proverbs 13:20) BOTTOM LINE: Hang out with wise people.

WEEK FIVE: Renew Your Mind — Romans 12:2 BOTTOM LINE: Never stop growing in wisdom.

"If any of you needs wisdom, you should ask God for it. He will give it to you. God gives freely to everyone and doesn't find fault." James 1:5, NIrV



SERIES DESCRIPTION:

When God saw our sin, He took initiative. He sent Jesus to make things right. When see a need and choose to do something about it, people can see the reality of God's love for them.

CORE INSIGHTS:

FAITH • COMMUNITY

WEEK ONE: Nehemiah Plans to Rebuild the Wall — Nehemiah 1:1–2:18 BOTTOM LINE: Don't wait for someone else to do what needs to be done.

WEEK TWO: Nehemiah Helps the Poor — Nehemiah 5 BOTTOM LINE: Look for ways to make things right. **WEEK THREE:** Nehemiah and Sanballat — Nehemiah 2:19-20, 4, 6 **BOTTOM LINE:** Stay focused on what needs to be done.

WEEK FOUR: The Wall Is Rebuilt — Nehemiah 3–4, 6:15-16, 8:1-17 **BOTTOM LINE:** Look for ways to celebrate what God has done.

"Work at everything you do with all your heart. Work as if you were working for the Lord." Colossians 3:23a, NIrV



SERIES DESCRIPTION:

God is one of a kind—with no beginning and no end. Everything He has created is unique, including people created in His image. Every person is an original reflection of God.

CORE INSIGHTS: IDENTITY • CONNECTION

WEEK ONE: Image of God — Genesis 1:26-28 BOTTOM LINE: You were made in God's image.

WEEK TWO: Matthew — Matthew 9:9-13 BOTTOM LINE: Knowing Jesus changes how you see yourself.

WEEK THREE: Lydia — Acts 16:13-15 BOTTOM LINE: Use your gifts to help others. WEEK FOUR: Timothy — 1 Timothy 4:12 BOTTOM LINE: You can make a difference right now.

WEEK FIVE: One Body but Many Parts — 1 Corinthians 12:12-27 **BOTTOM LINE:** We can use our gifts together to make a greater difference.

"How you made me is amazing and wonderful. I praise you for that. What you have done is wonderful. I know that very well." Psalm 139:14, NIrV



NOVEMBER

REMOTE CONTROL®

ROLL WITH WHAT YOU'VE GOT

SERIES DESCRIPTION:

Everything we have comes from God. He is faithful to provide what we need. Regardless of what we have or what situations we might face, we can choose to trust God and respond with contentment.

CORE INSIGHTS: FAITH • TRANSFORMATION

WEEK ONE: Be Content (Paul in Prison) — Philippians 4:11b-13 BOTTOM LINE: God can help you be content.

WEEK TWO: King Ahab and Naboth's Vineyard —
1 Kings 21:1-19, 27
BOTTOM LINE: Wanting more and more can make you miserable.

WEEK THREE: Israelites Long for Egypt — Exodus 16:2-21; 17:1-7 BOTTOM LINE: Don't miss out on what you have now.

WEEK FOUR: Giving Freely to the Lord's People — 2 Corinthians 8:1-5 **BOTTOM LINE:** You can always use what you have to help someone else.

"Then he said to them, "Watch out! Be on your guard against wanting to have more and more things. Life is not made up of how much a person has." Luke 12:15, NIrV



SERIES DESCRIPTION:

The best gift God ever gave was Jesus. Because of Jesus, it's possible for us to have a relationship with God that will last forever. As we remember the Christmas story, we take time to celebrate the greatest gift the world has ever known.

CORE INSIGHTS: CONNECTION • TRUTH

JANUARY

WEEK ONE: Elizabeth & Zechariah — Luke 1:5-25, 57-66 BOTTOM LINE: Celebrate because God can do anything.

WEEK TWO: Gabriel Appears to Mary — Luke 1:26-56 **BOTTOM LINE:** Celebrate because God has a plan. **WEEK THREE:** Jesus Is Born/Shepherds Visit — Luke 2:1-20 BOTTOM LINE: Celebrate because God sent a Savior.

ET THE CHRISTMAS CELEBRATION BEGIN

WEEK FOUR: Wise Men — Matthew 2:1-12 **BOTTOM LINE:** Never stop celebrating Jesus.

"God so loved the world that he gave his one and only Son. Anyone who believes in him will not die but will have eternal life." John 3:16, NIrV

SERIES DESCRIPTION:

As we follow Jesus, His love transforms us. His Spirit gives us the power to show selfcontrol. We can follow His example and choose to do what we *should* do—instead of what we *want* to do.

CORE INSIGHTS: TRANSFORMATION • COMMUNITY

WEEK ONE: Jesus Is Tempted in the Desert — Luke 4:1-13 (Supporting: Matthew 4:1-11)

BOTTOM LINE: Be ready to do the right thing.

WEEK TWO: Broken-Down Walls — Proverbs 25:28 BOTTOM LINE: When you lose control, it can cause trouble.

WEEK THREE: David Spares Saul's Life — 1 Samuel 24 **BOTTOM LINE:** Don't be controlled by your anger. WEEK FOUR: Choose Your Words Carefully — Proverbs 12:18 BOTTOM LINE: Think before you speak.

WEEK FIVE: Too Much of a Good Thing — Proverbs 25:16 **BOTTOM LINE:** Know when to stop.

"God's power has given us everything we need to lead a godly life." 2 Peter 1:3a, NIrV

THE CHOICE IS YOURS



FEBRUARY ON MY BLOCK CARE FOR THE PEOPLE IN YOUR NEIGHBORHOOD

SERIES DESCRIPTION:

God's compassion for us led to the greatest act of love the world had ever seen. God sent Jesus to rescue us. We reflect God's compassion when we care about others and work to make things right.

CORE INSIGHTS:

COMPASSION • RESTORATION

WEEK ONE: Jesus' Mission Statement — Luke 4:14-24, 28-30 **BOTTOM LINE:** Following Jesus means caring about others.

WEEK TWO: Jesus Talks With a Woman From Samaria — John 4:1-30, 39-42 BOTTOM LINE: Show others that they matter. **WEEK THREE:** Jesus Feeds the Five Thousand — John 6:1-13 **BOTTOM LINE:** Use what you have to help others.

WEEK FOUR: Jesus Heals Bartimaeus — Mark 10:46-52 **BOTTOM LINE:** Make time to help others.

"The Lord has shown you what is good. He has told you what he requires of you. You must act with justice. You must love to show mercy. And you must be humble as you live in the sight of your God." Micah 6:8, NIrV



SERIES DESCRIPTION:

God created us to work together in community. When we cooperate, we reflect what Jesus envisioned for His followers. Our love for one another can point people to Him.

CORE INSIGHTS: COMMUNITY • RESTORATION

WEEK ONE: Building the Tabernacle — Exodus 25:8-9; 28:1,3; 31:1-11; 35:21,25,34; 39:42-43 (Exodus 19, 25) **BOTTOM LINE:** God wants us to work together.

WEEK TWO: Joshua Wins the Battle Over the Amalekites — Exodus 17:8-13 BOTTOM LINE: Work together to help someone succeed.

BOTTOM LINE: Whatever happens, remember how powerful

BOTTOM LINE: Whatever happens, remember God is

WEEK ONE: Lazarus Raised — John 11:1-45

WEEK TWO: Palm Sunday — John 12:9-16

God is.

still working.

WEEK THREE: Jesus Heals a Man Who Could Not Walk / Four Friends — Luke 5:17-26 BOTTOM LINE: Work together to help someone in need.

WEEK FOUR: Early Church Works Together / Believers Share Their Lives Together — Acts 2:42-47 BOTTOM LINE: Make a habit of working together.

"Two people are better than one. They can help each other in everything they do." Ecclesiastes 4:9, NIrV

APRIL

SERIES DESCRIPTION:

We can't always understand why some things happen. But we *can* believe in a God who keeps His promises. We can have hope—even in the toughest times—because we know God can make something good out of something bad.

CORE INSIGHTS: FAITH • CONNECTION

PUZZLED ® EASTER JAM

■ EASTER JAM BELIEVE THERE'S A BIGGER PICTURE

WEEK THREE: Crucifixion and Resurrection — John 18:1—20:18 **BOTTOM LINE:** Whatever happens, remember Jesus is alive.

WEEK FOUR: Jesus Appears to Thomas — John 20:19-29 **BOTTOM LINE:** Whatever happens, remember God is bigger than your questions.

"In this world you will have trouble. But be encouraged! I have won the battle over the world." John 16:33b, NIrV



BOUNCE BAGK®

GET BACK UP AGAIN

SERIES DESCRIPTION:

God is strong and faithful. He's always working in our lives. We might get knocked down from time to time, but when we put our trust in Him, we find the strength we need to get back up again.

CORE INSIGHTS: FAITH • TRUTH

WEEK ONE: Great Commission and Spread of the Gospel — Matthew 28:16-20, Acts 1 and 2 BOTTOM LINE: God is always with you.

WEEK TWO: Peter and John Are Taken to the Sanhedrin — Acts 3:1-4:21 BOTTOM LINE: Keep going even when it gets tough.

WEEK THREE: Paul and Silas in Prison — Acts 16:16-40 BOTTOM LINE: You can choose joy when life gets hard. **WEEK FOUR: Heroes of the Faith** — Hebrews 11 **BOTTOM LINE:** Trusting God can help you get back up.

WEEK FIVE: Keep Looking to Jesus — Hebrews 12:1-3 BOTTOM LINE: Keep going because of what Jesus did for you.

"But those who trust in the Lord will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak." Isaiah 40:31, NIrV

JUNE

MAY

SUMMER SERIES COMING SOON!

JULY

SUMMER SERIES COMING SOON!

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LIFE WHAT GOD CAN DO IN YOU APP: TO CHANGE THE WORLD AROUND YOU

AUGUST WISDOM:

Finding out what you should do and doing it

SEPTEMBER

Seeing what needs to be done and doing it

NOVEMBER CONTENTMENT:

DECEMBER

CHRISTMAS:

Celebrating Jesus,

God's greatest gift

Learning to be okay with what you have

FEBRUARY COMPASSION:

Caring enough to do something about someone else's need

MARCH COOPERATION:

Working together to do more than you can do alone

JUNE SUMMER SERIES COMING SOON

MAY

RESILIENCE:

Getting back up

when something

gets you down

OCTOBER

Discovering who you're meant to be so you can make a difference

JANUARY SELF-CONTROL:

Choosing to do what you should even when you don't want to

APRIL HOPE:

Believing that something good can come out of something bad

JULY SUMMER SERIES COMING SOON

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BIBLE STORIES THREE-YEAR OVERVIEW

OLD TESTAMENT

Creation Story (Genesis 1:1-2:1) Adam and Eve's First Job (Genesis 1:26-31; 2:15, 19-20) Garden of Eden (Genesis 3:1-13, 23-24) The Fall (Genesis 3:1-24) Noah (Genesis 6-8) Abram's Calling (Genesis 12:1-5) Abram Makes Peace (Genesis 13:5-18) Isaac Is Born (Genesis 18, 21-22) Esau's Impatience (Genesis 25:24-34) Isaac's Wells (Genesis 26:1-6, 16-22, 26-31) Jacob Deceives Isaac (Genesis 27:1-45) Jacob's Dream (Genesis 28:10-22) Jacob and Esau Meet Again (Genesis 31:3; 32:1-21; 33:1-11) Joseph Sold into Slavery (Genesis 37) Joseph in Jail (Genesis 39-40) Joseph in Charge (Genesis 41) Joseph Forgives His Brothers (Genesis 42-46) Moses Is Born and Miriam's Courage (Exodus 1:22-2:10) Moses—Burning Bush & Plagues (Exodus 3:1-4:17; 7-12) Moses—Red Sea (Exodus 13:17-22; 14) Israelites Long for Egypt (Exodus 16:2-21, 17:1-4) Joshua Wins the Battle Over the Amalekites (Exodus 17:8-13) Building the Tabernacle (Exodus 28:1, 3; 31:1-11; 35:21, 25, 34; 39:42-43) Golden Calf (Exodus 32:1-35) Joshua, Caleb, and the 10 Spies (Numbers 13-14) Honor Your Father and Mother (Deuteronomy 5:16) Israel Takes Jericho (Joshua 5:13-15, 6) Gideon (Judges 6-8) Samson (Judges 13-16) Ruth and Boaz (Ruth) Hannah Prays for a Baby (1 Samuel 1:6-2:1) Samuel Anoints David / David and Goliath (1 Samuel 16:1-13; 17:1-58) David and Jonathan (1 Samuel 18:1-9; 19:1-7; 20:1-42) David and Ahimelek (1 Samuel 21-22) David Spares Saul's Life (1 Samuel 24) Abigail Intervenes (1 Samuel 25:1-35)

David and Mephibosheth (2 Samuel 9:1-13) Solomon Chooses Wisdom (1 Kings 3:4-15, James 1:5) Rehoboam Listens to Fools (1 Kings 12:1-15a, Proverbs 13:20) Elijah and the Prophets of Baal (1 Kings 18) King Ahab and Naboth's Vineyard (1 Kings 21:1-19, 27) Naaman and Elisha's Servant, Gehazi (2 Kings 5) Josiah Follows God (2 Kings 22-23) Nehemiah Hears About the Wall (Nehemiah 1) Nehemiah Wants to Rebuild the Wall (Nehemiah 2:1-9, 11-18) Nehemiah and Sanballat (Nehemiah 2:19-20; 4; 6) Nehemiah Helps the Poor (Nehemiah 5:1-12) The Wall Is Rebuilt (Nehemiah 2:19-20; 3-4; 6:15-16; 8:1-3a, 17b) Haman's Plot Against the Jews (Esther 3; 4:8b; 5:6-10; 7:1-6, 9b-10) Job's Friends (Job 2:11-13) The Earth Belongs to God (Psalm 24:1) Number Your Days (Psalm 90:12) Psalm of Thanksgiving (Psalm 100) Importance of God's Word (Psalm 119:105) Trust in the Lord (Proverbs 3:5-6) Choose Your Words Carefully (Proverbs 12:18) Hang Out With Wise People (Proverbs 13:20) Patience Principle (Proverbs 14:29) Slow to Anger (Proverbs 16:32) Wise People See Danger (Proverbs 22:3) Too Much of a Good Thing (Proverbs 25:16) Broken-Down Walls (Proverbs 25:28) God Promises a Savior (Isaiah 9:6-7) The Fiery Furnace (Daniel 3) Daniel and the Lions (Daniel 6)

BIBLE STORIES THREE-YEAR OVERVIEW

NEW TESTAMENT

Wise Men Visit Jesus (Matthew 2:1-12) Salt and Light (Matthew 5:14-16) Jesus Teaches on Forgiveness (Matthew 5:23-24) Love Your Enemies (Matthew 5:43-47) Give in Secret (Matthew 6:1-4) The Lord's Prayer (Matthew 6:5-13, Luke 11:1-14) Treasures in Heaven (Matthew 6:19-24) Wise and Foolish Builders (Matthew 7:24-29) Faith of the Centurion (Matthew 8:5-13) John the Baptist in Jail (Matthew 11:1-6; Luke 7:18-22) Peter Walks on Water (Matthew 14:22-33) Who Do You Say That I Am? (Matthew 16:13-20) 70 x 7 / Unmerciful Servant (Matthew 18:21-35) Parable of the Vineyard Workers (Matthew 20:1-15) The Greatest Commandment (Matthew 22:34-37) Parable of the Talents (Matthew 25:14-29a) Least of These (Matthew 25:35-40) Jesus in the Garden (Matthew 26:36-46) The Great Commission (Matthew 28:16-20) Calming the Storm (Mark 4:35-40) Feeding 5,000 (Mark 5:30-44; John 6:1-13) No Greater Love (Mark 8:27-30, 10:33-40; John 13:1-9, 34-35; 15:12-13) Palm Sunday / Arrest and Trial / Crucifixion (Mark 11:1-11; 14:43-15:47) Widow's Mite (Mark 12:1-44) Woman Pours Oil on Jesus (Mark 14:1-9) Zechariah and Elizabeth (Luke 1:5-25; 57-79) Jesus Is Born (Luke 2:1-18, John 3:16) Shepherds Visit Jesus (Luke 2:8-20) Jesus at the Temple (Luke 2:41-52) Wisdom of Jesus (Luke 2:52) Jesus Tempted in the Wilderness (Luke 4:1-13) Jesus' Mission Statement (Luke 4:14-24, 28-30) Jesus Heals a Paralyzed Man (Luke 5:17-26) The Good Samaritan (Luke 10:30-37) Marv and Martha (Luke 10:38-42) Parable of the Rich Man (Luke 12:13-21)

The Story of the Lost Sheep (Luke 15:1-7) The Story of the Lost Son—The Son (Luke 15:11-20) The Story of the Lost Son—Father and Brother (Luke 15:11-32) Jesus Heals 10 Lepers (Luke 17:11-19) Rich Young Ruler (Luke 18:18-27) Zacchaeus (Luke 19:1-10) Jesus' Baptism / John Calls Jesus the Lamb of God (John 1:19-42) Philip and Nathanael (John 1:43-51) Jesus Teaches Nicodemus (John 3:1-21) God Loved the World (John 3:16) Jesus Talks with the Woman from Samaria (John 4:1-30, 39-42) Jesus Raises Lazarus (John 11) Palm Sunday (John 12:9-16) Jesus Washes the Disciples' Feet (John 13:1-17) Love One Another (John 13:34) Jesus Heals the Servant's Ear (John 18:1-11) Peter Denies Jesus (John 18:15-27) Easter (John 18:12-20:23) Jesus Appears to Thomas (John 20:19-23) Jesus Restores Peter (John 21:1-19) Ascension (Acts 1:1-11) Pentecost (Acts 2:1-41) Early Church Works Together (Acts 2:42-47) Peter and John Before the Sanhedrin (Acts 3:1-9, 4:1-21) Apostles Treated Badly (Acts 5:17-42) Stephen (Acts 6:1-7:60) Philip and the Ethiopian Official (Acts 8:26-40) Paul's Conversion (Acts 9:1-29) Paul and Ananias (Acts 9:10-29) Barnabas Welcomes Saul (Acts 9:26-30; Acts 26:12-18) Peter and Cornelius (Acts 10:1-35) Paul in Antioch (Acts 11:25-30, 13:1-3) Jerusalem Council (Acts 15:1-35) Lydia (Acts 16:11-15) Paul and Silas in Prison (Acts 16:16-36, 40) Paul in Athens (Acts 17:16-34) Paul and King Agrippa (Acts 21:27-36; 25:23-26:32)

BIBLE STORIES THREE-YEAR OVERVIEW

NEW TESTAMENT CONTINUED

Paul Is Shipwrecked (Acts 27:1-28:10) Nothing Can Separate Us from God's Love (Romans 8:38-39) Renew Your Mind (Romans 12:2) Friends Accept Each Other (Romans 15:7) Gifts of the Spirit (1 Corinthians 12:12-22, 25-27) Giving Freely to the Lord's People (1 Corinthians 8:1-5) Cheerful Giver (2 Corinthians 9:6-7) Grace Is a Gift (Ephesians 2:8-9) We are God's Creation (Ephesians 2:10) Jesus Is the Cornerstone (Ephesians 2:20-21) One Body and One Spirit (Ephesians 4:4-6) Be Content (Ephesians 4:11-13) Forgiveness Principle (Ephesians 4:32) Children, Obey Your Parents (Ephesians 6:1-3) Armor of God (Ephesians 6:10-17) Servant Principle (Philippians 2:1-8) God Made Peace with Us Through Jesus (Colossians 1:20; 3:15) Friends Forgive Each Other (Colossians 3:13) Friends Encourage Each Other (1 Thessalonians 5:11) Give Thanks All the Time (1 Thessalonians 5:18) Timothy as a Young Leader (1 Timothy 4:12) Be Rich in Good Deeds (1 Timothy 6:18) God Showed Us Kindness (Titus 3:4-7) Friends Worship with Each Other (Hebrews 10:24-25) Hall of Faith (Hebrews 11) Run the Race with Perseverance (Hebrews 12:1-3) Don't Be Controlled by Money (Hebrews 13:5) Not Showing Favoritism (James 2:1-5) Serve Others (1 Peter 4:10-11) Confession / Being Honest with God (1 John 1:9) God Showed His Love Through Jesus (1 John 4:9-12) Friends Love Each Other (1 John 4:10-12) John's Vision of Heaven (Revelation 21:1-7, 23-25; 22:1-5, 21)

THREE-YEAR OVERVIEW

Note: While the Life Apps recycle every three years, the content for each Life App does not. New content is created each month, as well as new resources and products. * Life Apps and definitions are subject to change.

2019-20

AUGUST

Obedience—Trusting who's in charge by doing what you're asked to do

SEPTEMBER Trust—Putting your confidence in someone you can depend on

OCTOBER

Courage—Being brave enough to do what you should do, even when you're afraid

NOVEMBER

Honor—Letting someone know you see how valuable they really are

DECEMBER

Joy—Finding a way to be happy, even when things don't go your way

JANUARY

Knowledge—Learning something new so you can be better at whatever you do

FEBRUARY

Love—Choosing to treat others the way you want to be treated

MARCH

Forgiveness—Deciding that someone who has wronged you doesn't have to pay

APRIL

Humility—Putting others first by giving up what you think you deserve

ΜΑΥ

Determination—Deciding it's worth it to finish what you started

SUMMER (JUNE/JULY)

Faith—Trusting in what you can't see because of what you can see

2020-21

AUGUST

Creativity—Imagining what you could do because you were made in God's image

SEPTEMBER

Friendship—Using your words and actions to show others you care

OCTOBER

Integrity—Choosing to be truthful in whatever you say and do

NOVEMBER

Gratitude—Letting others know you see how they've helped you

DECEMBER Christmas—Celebrating Jesus, God's

greatest gift JANUARY

Responsibility—Showing you can be trusted with what is expected of you

FEBRUARY

Kindness—Showing others they are valuable by how you treat them

MARCH

Patience—Waiting until later for what you want now

APRIL

Peace—Proving you care more about each other than winning an argument

ΜΑΥ

Commitment—Making a plan and putting it into practice

SUMMER (JUNE/JULY) Confidence—Learning to see yourself the way God sees you

2021-22

AUGUST Wisdom—Finding out what you should do and doing it SEPTEMBER

Initiative—Seeing what needs to be done and doing it

OCTOBER Individuality—Discovering who you're meant to be so you can make a difference

NOVEMBER Contentment—Learning to be okay with what you have

DECEMBER Christmas—Celebrating Jesus, God's greatest gift

JANUARY Self-control—Choosing to do what you should even when you don't want to

FEBRUARY Compassion—Caring enough to do something about someone else's need MARCH

Cooperation—Working together to do more than you can do alone

APRIL Hope—Believing that something good can come out of something bad

ΜΑΥ

Resilience—Getting back up when something gets you down

SUMMER (JUNE/JULY) TRD